

A.M.F.-W - (ANIMAL MAINTENANCE FORMULA), We are not alone in requiring help from the herbal kingdom. Our animal friends, and those animals in our care, deserve their consideration too. Most animals will actively seek out and use the herbal additions to their diet when they feel something is needed to make them well. It is for us to recognize this and make the herbs available. In general, the herbs can be used for about the same purposes and in the same ways as for people. The native American peoples learned much about the use of herbs by watching animals. Animal Maintenance Formula combines the same high quality herbs as those for people. A.M.F.-W is designed to meet the complete normal needs for natural vitamins, minerals and trace elements for our animal friends. Additionally, to ensure proper oxygenation of tissues and extra care for the lungs, Mullein and Blessed Thistle are included. Gentian strengthens and assists the digestive system. Siberian Ginseng is present to provide assistance for the adrenal glands (one on top of each kidney, anti-stress and energy glands) to counteract both physical and nerve stress and provide stamina. Ol'# 11 on its own is a repair formula for any problem of bone, flesh, cartilage and nerves. (It can be taken by itself for that purpose, if needed.) Ol' # 11 is included here as a maintenance of those structures. Preventing problems is a good idea too. Mugwort provides protection against many forms of parasites and also improves the digestion. (SEE: [A.C.S.,VITA-LIXIR](#), [OL'#11](#))

COMBINATION: A.C.S. (All Cells "Salts" All vegetable source Minerals), Vita-Lixir (All vegetable source multi-vitamin formula), Mullein, Blessed Thistle, Gentian, Siberian Ginseng, Ol'#11, Mugwort.

DOSE: Depends on the size of the animal friend and the severity of the case. Normally, we think in terms of 40 to 80 drops, 3 times per day, for an adult person with the theoretical weight of 150 lb.s (a little over 68 Kilograms) as a starting point and increase if necessary. This can provide a general guide. If A.M.F.-W is used for therapeutic purposes and the problem is severe, within reason, let the animal follow its own inclination about amounts and offer the liquid more frequently. As to how to give it, usually mixed with the animal's favorite food or drinking water is a good idea. With cats, the problem can be approached by simply applying the extract to the fur in an area which the cat can reach easily. As solitary hunters, cats are obligated to lick themselves scentless to avoid detection, so they will lick the herbs from their coat.